## Thousands of Students Decode Fake News

Fake news is an increasingly widespread phenomenon. Many young people are sometimes misinformed, or make decisions that are harmful to themselves and their environment by following information that is not proven.

For several years now, different approaches have been developed to help young people develop their discernment and their ability to analyze what surrounds them. This is what we call Emotional Intelligence, and it means understanding the world around us with deepened awareness, reacting with sensitivity and being able to connect to our feelings and those of others in all our interactions. Indeed, when we understand the meaning of a facial micro-expression, tone of voice, gesture or drawing, we can decode the essence of the message and this leads to great logic and very effective discernment.

These skills are now in high demand from schools and companies, as people who have developed their Emotional Intelligence (EQ) will show better leadership skills, more empathy and will create more harmonious social interaction at work and in their personal life. People with high EQ will also make better and more reasonable decisions.

Recently, a new curriculum has emerged and is being offered and used by thousands of students in various countries. Designed to help children and teenagers around the world develop their emotional intelligence, the +|- Code Program is one of the very first programs of its kind that offers a complete online curriculum. The idea is simple: children, teenagers and university students watch lessons and analyze the images they are shown, then evaluate if the images are positive (+), negative (-) or tendency (a mix of positive and negative aspects).

According to the many testimonies received from students, teachers and principals, the progress noted among students is phenomenal: students are happy to participate in an modern and fun online program, teachers have material to help their students develop skills complementary to intellectual and physical subjects, and principals see their school atmosphere change (problems with behavior decrease) and relationships with families improve. Some schools have even decided to commit to the curriculum for several years in order to make it a specific part of their internal educational project or after-school program. For more information on this novel program, you may visit their website at: www.plusminuscode.com

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